



2009 Photos © Access Media in Angel Fire, New Mexico

WHAT: Polar Bear Plunge (2nd annual)
WHEN: Friday, January 1, 2010
WHERE: Eagle Nest Lake State Park, Eagle Nest, NM
Visitor Center, Main Entrance, 42 Marina Lane
575-377-1594 or 377-6188 – www.nmparks.com
TIME: Registration starts at 10 AM
Bonfire, Free Hot Coco and Coffee
Plunge at 11 AM
Free T-Shirt for plungers
Contact: Bruce Manakas
575-377-6188
goldeneaglernv@msn.com

OTHER ACTIVITIES:



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After Splash Bash following plunge at Laguna Vista Saloon
Downtown Eagle Nest - 575-377-6522
Free hot drink for plungers
Snowman Building Contest – Judging for prizes at 3:30 PM
575-377-6188 for details and entry form

Polar Bear Plunge - A really COOL way to start the New Year at Eagle Nest Lake State Park.

Hearty souls will plunge their bodies into the waters of Eagle Nest Lake via a hole cut into the ice on New Year's Day 2010. Many of the seventeen participants in the 2009 Plunge have already made plans to do it again this year. And, judging from the phone calls, word has traveled and many more participants are expected this year. After the plunge, all are invited to visit with the plungers while they warm up with a free hot drink at the Laguna Vista Saloon in downtown Eagle Nest.

The Plunge occurs at 11 AM on New Year's Day at Eagle Nest Lake. Registration is required, and starts at 10 AM at the new Eagle Nest Lake Visitor, 42 Marina Lane, Eagle Nest Lake State Park.

If plunging into icy water is not your thing, you can watch the plungers. You can also participate in the Snowman Building Contest sponsored by the Eagle Nest Junior Chamber of Commerce. To register for the Snowman Building Contest, call 575-377-6188 starting December 1, 2009. Judging of the Snowmen will start at 3:30 PM on January 1, 2010.